

children & Youth

CHEMAINUS KIN PARK (Ages: 7-11 years) \$25

Thursday, July 2nd
10:00am - 4:00pm

A fun-filled day at the park with playground time, outdoor games, and a chance to explore nature along the waterfront.

MINUTE TO WIN IT! (Ages: 10-14 years) \$15

Friday, July 3rd
1:00pm - 4:00pm

Fast-paced, hilarious challenges where teams race against the clock to complete wacky tasks in under a minute. Get ready for laughs, teamwork, and friendly competition!

PARKSVILLE (Ages: 9-13 years) \$40

Tuesday, July 7th
9:00am - 5:00pm

A full-day beach trip to one of Vancouver Island's most popular sandy shores! Swim, play, and explore the tide flats while enjoying a classic summer outing.

YELLOW POINT FARM (Ages: 6-8 years) \$30

Thursday, July 9th
10:00am - 4:00pm

Visit a local farm and meet friendly animals up close! Kids will enjoy learning about farm life, exploring the grounds, and connecting with nature.

ART ATTACK (Ages: 9-13 years) \$25

Friday, July 10th
10:00am - 3:00pm

Unleash your creativity with a variety of fun and messy art projects! Kids will experiment with different materials and take home their unique creations.

WET 'n' WILD (Ages: 6-8 years) \$15

Monday, July 13th
1:00pm - 4:00pm

Cool off with a day of water-filled fun! Enjoy games, sprinklers, and splash activities designed for younger kids to stay active and have a blast.

ARBUTUS BEACH (Ages: 9-13 years) \$20

Tuesday, July 14th
10:00am - 3:00pm

Enjoy a relaxing beach day with swimming, sand play, and group games. A great chance to cool off and soak up some summer fun.

GROUP HIKE (Ages: 10-14 years) \$20

Thursday, July 16th
10:00am - 3:00pm

Head out on a scenic group hike to explore local trails, build endurance, and enjoy the beauty of nature. A great adventure for youth who love the outdoors!

BACKYARD CAMPOUT (Ages: 10-14 years) \$15

Friday, July 17th
6:00pm - 9:00pm

Experience the fun of camping—without leaving our backyard! Enjoy outdoor games, camp-style activities, and classic evening fun in a safe and social setting.

ARBUTUS BEACH 2 (Ages: 6-8 years) \$20

Tuesday, July 21st
10:00am - 3:00pm

Another awesome beach day tailored for younger participants, with supervised water play, sand activities, and plenty of summer fun in a safe environment.

TRANSFER BEACH (Ages: 6-8 years) \$25

Thursday, July 23rd
10:00am - 4:00pm

A playful beach day with swimming, sandcastle building, and group games. Perfect for younger kids to enjoy the water and sunshine in a supported environment.

COMMUNITY DAY (Ages: 6-8 years) \$15

Monday, July 27th
1:00pm - 4:00pm

Explore your community with visits to local services like the fire hall and police department. Kids will learn about the important roles helpers play while getting a behind-the-scenes look and asking questions.

OLYMPICS (Ages: 9-13 years) \$20

Thursday, July 30th
10:00am - 3:00pm

Get ready for friendly competition! Kids will take part in a variety of team challenges and active games inspired by the Olympics Games—focusing on fun, teamwork, and sportsmanship.

ART ATTACK 2 (Ages: 6-8 years) \$25

Friday, July 31st
10:00am - 3:00pm

Another creative adventure designed for younger artists! Explore colours, textures, and hands-on projects in a fun and supportive environment.

WILDPLAY (Ages: 7-11 years) \$60

Thursday, August 6th
10:00am - 4:00pm

An exciting outdoor adventure featuring aerial obstacle courses and zip lines! Participants will challenge themselves, build confidence, and have a blast in nature.

DISC GOLF TOURNAMENT (Ages: 12-16 years) \$15

Friday, August 7th
1:00pm - 4:00pm

Try your hand at disc golf in a fun and friendly tournament setting! Learn new skills, enjoy the outdoors, and compete in a supportive, low-pressure environment.

COLOUR CHAOS (Ages: 7-11 years) \$25

Tuesday, August 11th
10:00am - 3:00pm

Get ready to get messy! A high-energy day filled with colourful games, activities, and creative fun—where getting covered in colour is all part of the experience.

WILDPLAY 2 (Ages: 12-16 years) \$60

Thursday, August 13th
10:00am - 4:00pm

Take on even bigger challenges at WildPlay! This adventure is designed for older youth ready to test their courage, build confidence, and tackle exciting aerial courses.

MOVIE NIGHT (Ages: 10-14 years) \$15

Friday, August 14th
6:00pm - 9:00pm

Kick back and relax with a fun evening movie experience! Enjoy snacks, a great film, and a cozy, social atmosphere with friends.

BOARD GAME CAFE (Ages: 10-14 years) \$15

Thursday, August 27th
1:00pm - 4:00pm

Spend the afternoon playing a variety of board games with friends! From strategy to silly fun, there's something for everyone in this relaxed and social setting.

RELAX & RECHARGE DAY (Ages: 7-11 years) \$20

Tuesday, September 1st
10:00am - 3:00pm

A calming and supportive day focused on self-care, mindfulness, and well-being. Activities may include movement, relaxation, and creative expression.

NATURE EXPLORERS (Ages: 6-8 years) \$20

Wednesday, September 2nd
11:00am - 3:00pm

Discover the wonders of the outdoors through hands-on exploration! Kids will engage with nature through games, learning, and sensory experiences.



END OF SUMMER BBQ (Everyone Welcome!) FREE

Thursday, September 3rd
1:00pm-4:00pm

Everyone is welcome to join us as we celebrate the end of summer! Enjoy food, games, and a chance to connect with friends, families, and the community. No registration required!

Early Years

EARLY YEARS PLAY GROUP (Ages: 0-5 years) FREE

June 29th - August 31st
Mondays, 9:00am - 11:00am

Join us each week for activities designed to promote connection and healthy child development, while offering a safe and supportive environment to navigate the joys and challenges that come with parenthood! This is a *drop-in* program, with no registration required!

KINDERSTEPS (Ages: 4-5 years) FREE

July 16th - August 13th
Thursdays, 1:00pm - 2:30pm

A play-based program designed to support children and their caregivers as they prepare for the transition to Kindergarten! Led by an occupational therapist, this program fosters development in a variety of areas such as fine/gross motor skills, social-emotional learning, and more!

Fees & Registration

Please contact **Cowichan Lake Community Services** at (250) 749-6822, or visit us in-person to register. Programs fees may be paid by cash, e-transfer, debit or credit card. All required paperwork and program fees **must be received no later than 5 business days prior** to the registered program. We expect our programs to fill up fast, so avoid disappointment and register early!

The registration package is available at our office, or can be downloaded from our website at www.comserv.org

We believe every child should have access to safe, fun, and meaningful summer experiences. The true cost of each program day is provided here but we do operate on a sliding scale, allowing you to choose the rate that best fits your financial situation. When registering, please select the option that feels right for your family—no explanation needed.